

The Connecticut Department of Mental Health and Addiction Services promotes the overall health and wellness of persons with behavioral health needs through an integrated network of holistic, comprehensive, effective, and efficient mental health and substance use services and recovery supports that foster dignity, respect, and self-sufficiency. These services and supports are culturally responsive, attentive to trauma, build on personal, family, and community strengths, and focus on promoting each person's recovery and full citizenship. Integral to all services and supports is an emphasis on prevention, identifying and managing risk, and promoting public safety.

DMHAS priority areas for core services:

- Improve behavioral and physical health outcomes
- Provide care in the least restrictive setting, promoting empowerment and holistic health of the individual
- Support integrated behavioral health and primary care, e.g., Behavioral Health Home model of care coordination
- Use data and informatics to track system and service outcomes that will inform decision-making, system design, and policy development
- Maximize the behavioral health workforce across the system of care

